Greetings!

First Annual Senior Moments Bubbly & Brunch a Huge Success
The following businesses, organizations and individuals contributed to our event as sponsors and as silent auction donors. Thanks to their generosity, over $11,500 was raised for Steuben Senior Services Fund, Inc.


Scandia House, Belle Fleur, Dr. & Mrs. Bruce Baxter, Bishop & Johnson Funeral Home Inc., Chemung Canal Trust Company, Dr. Sam Pennise, Mr. & Mrs. Eric Rose, the Ryan Agency, Steuben Trust Company, Vines and Barrels Wine and Liquor Warehouse, & the Steuben County Veterans Memorial Inc.

Wilkins Recreational Vehicles, the Bath Country Club, Point of the Bluff Vineyards, Park View Wines and Spirits, Worthy Is The Lamb Essential Oils and Art, Pleasant Valley Inn, Timber Stone Restaurant, & MERSUR.


Domaine Leseurre Winery, Henry Offermann & Stafford Lyons, Cindy’s Salon, The Wine Barrel, Connors Mercantile, Bully Hill Vineyards & Restaurant, Keeta’s, Mary White (Arbonne), Piphany Trends, Waterfront Restaurant, Ed’s Computer Technologies, Loyal Order of Moose #210, & The York Agency LLC.
A huge thank you also to our guests who purchased over 150 tickets and attended the first ever Bubbly & Brunch and who generously participated in our silent auction and raffles!

None of this would have been possible without the leadership of Benita Nesbitt and Monique Page who envisioned this event many months before it occurred. Special thanks also to Dr. Dennis and Mary Lou O'Connor our Honorary Co-Chairs and to the event committee: Donna Chiaramonte, Jane Jamison, Andy Mazzella and Hildreth Volonts.

Hope to see you next year at the 2nd Annual Brunch & Bubbly, tentatively scheduled for Sunday, July 26th at the Pleasant Valley Wine Company. Mark your calendars and plan to attend this fun event.

RURAL AGING IN PLACE PROJECTS

At a recent Cameron/Jasper/Trroupsburg/Woodhull Aging in Place luncheon, Sue Gruber of Forward Thinking Home Solutions spoke about low cost ways to make your home safer as you age. After her talk, she awarded a gift certificate for a free home walk-through. Trudy & Charles were the lucky winners, and while they learned that they had already completed many renovations to ensure their ability to remain in their own home safely, Sue recommended others. Trudy reported that projects have been undertaken this summer including extending the front step and handrail 2 or 3 inches plus adding a large wide step. In the picture below, the lip on the step has been addressed and a short railing has been added. Trudy noted that the evaluation was well worth it, as Sue "mentioned things I just could not think of to do. Most are very minor to be safe and remain in your home as you age."
Upcoming SSSF Fund Raiser for ProAction
Home Delivered Meals
Come Join Us in Playing
The Latournament!
In Memory of Mary and Gordon Latour

September 21, 2019
Bath Country Club, Bath, NY • Shotgun Start Noon

To honor Mary and Gordon Latour, the Latour family is hosting a fun golf outing for everyone to enjoy and a way to give back to the Office of the Aging. Proceeds benefit Steuben Senior Services Fund in partnership with ProAction Home Delivered Meals.

$60 per person
Includes green fees, cart, range balls, lunch, two drink tickets and appetizers at “The Gordy” awards ceremony, where the winner will take home “The Mary” trophy. Golf, drinks, food, and fun prizes for first and second and next to last place.

Beginners and hackers are welcome!
bathcountryclub.net | For questions, text or call Steve Latour 643-364-9983
Tell me, Sue, is it true that I don’t have to follow ADA guidelines because I live in a private residence?

Technically, in MOST private residential settings we do not have to be in compliance with ADA (American Disabilities Act) Guidelines, BE AWARE that there are exceptions to this depending on the funding of the project, the type of residence, and its use.

So, this typically means that you can do things like place grab bars where they are most useful for you, BUT (and this is a BIG BUT), in other instances, the ADA Guidelines provide greater safety for all users. For example, an ADA compliant ramp should not be steeper than a 1:12 rise/run meaning for a 7” step rise, the ramp should be 7x12” long or a 7 foot long run. There should be a 5’ x 5’ landing flush with the threshold besides. An incline that is even less steep, like 1:20 or 1:30, is much easier to walk up and down. There is a reason for these guidelines.

If you build a ramp that is steeper than 1:12 you can be setting yourself up for even greater problems. People pushing a mobility device up (or down) a steep ramp can seriously injure themselves; this includes caregivers…NOT a good thing! Also, keep in mind that Local Codes must be followed!

What if space is an issue?? Tune in to the next edition for some solutions to this question!

To submit a question to Sue Gruber go to www.forwardthinkinghomesolutions.com and click on the “Contact Us” tab at the top
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Patty Baroody, John Caputo, Donna Chiaramonte, Mary Daly, PhD, Pat Finnerty, Jane Jamison, Andy Mazzella, Peter Robbins, Mary Ann Starbuck, Joe Striano and Hildreth Volonts. Ex Officio: Stoner Horey, MD, and Ann Weiland. Executive Director, Linda M. Tetor.

Contact Us 607-664-2298